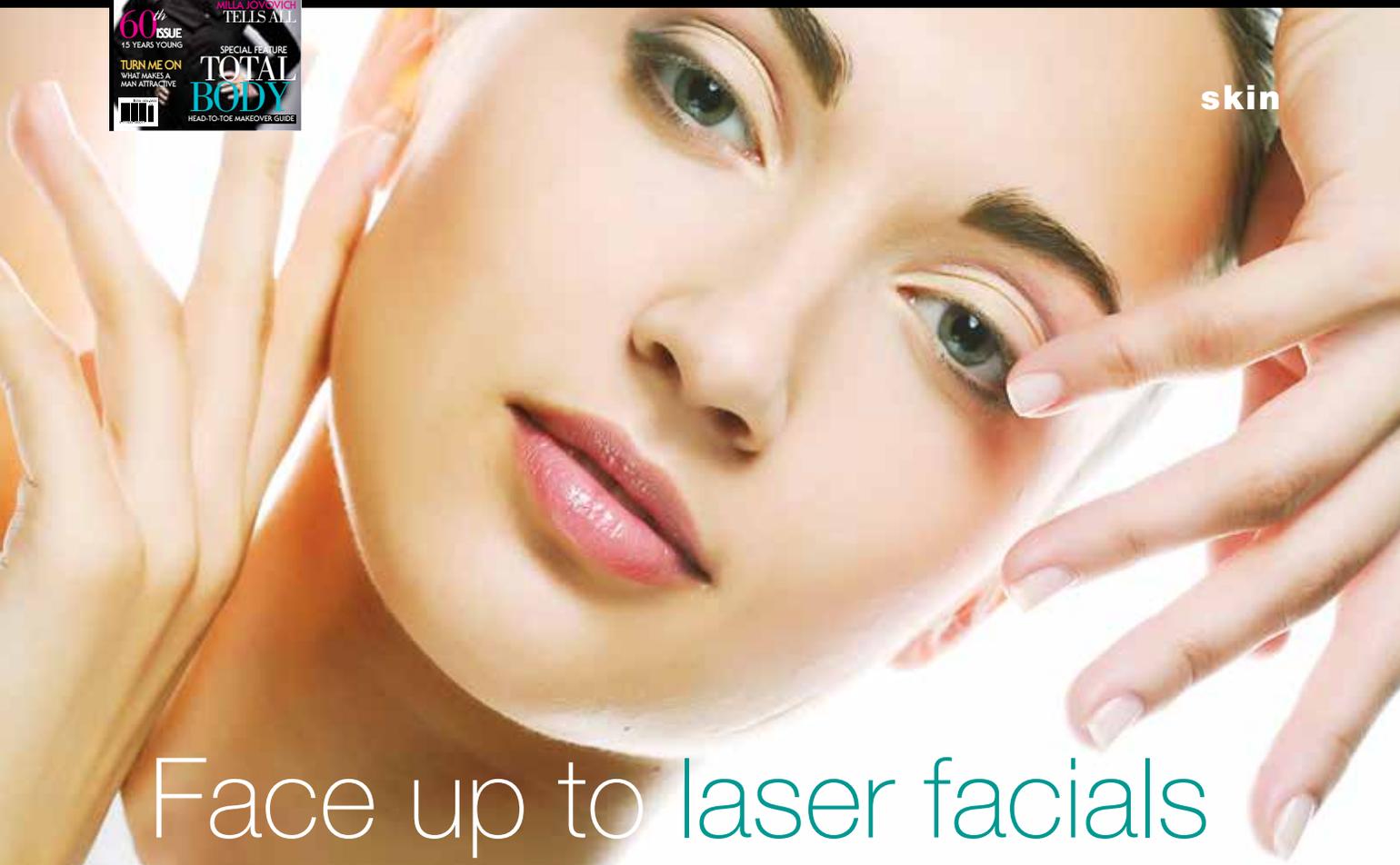




AS SEEN IN COSMETIC SURGERY & BEAUTY MAGAZINE



Face up to laser facials

HEAD TO SYDNEY'S **FACE PLUS MEDISPA** TO EXPERIENCE THE LATEST IN LASER FACIALS. LIZZY WOOD REPORTS.

Women have long indulged in regular facials – they are the antidote to many common skin complaints and the tried and tested means for getting your skin glowing in time for a night out or special occasion. Capable of cleaning, exfoliating and nourishing the skin, when integrated as part of an ongoing skincare regime, facials can leave your skin hydrated and your complexion clear.

Like any cosmetic procedure, however, facials have come of age, and today many integrate cutting-edge technology to further enhance results. One of Sydney's latest cosmetic clinics, Face Plus, has been fast to adopt the latest fashion in facials: the laser facial.

By gently heating the upper dermis well below the skin's surface, Laser Genesis stimulates collagen regrowth to reduce the appearance of wrinkles. Additional heat is generated in dilated capillaries to reduce redness.

Located adjacent to Sydney facial cosmetic surgeon Dr William Mooney's thriving cosmetic clinic, Face Plus offers three types of laser facial: one designed to tackle problem skin; one to combat the common signs of ageing; and one to simply leave you looking refreshed and glowing. Following a thorough consultation to determine which facial would best suit your needs, the procedure is performed in three stages.

Firstly, the skin is prepared with an Enzyme Facial. Using Dr Spiller products, this gently removes the surface of the skin leaving it smooth, hydrated and glowing. Incorporating spelt and natural kaolin, this deep exfoliation suits all skin

types and is suitable for even the most sensitive skins.

For those with problem skin, this is followed immediately with a sebaceous gland ablation (SGA). Designed to reduce, control and eliminate the sebaceous cysts that form in acne prone skin, this treatment is ideal for those troubled by acne and other skin complaints. SGA uses electrothermolysis and is a well-tolerated, accurate and effective treatment, which carries minimal risk of scarring, infection or pigmentation changes.

The final step – Laser Genesis – is then performed between one and two weeks later. Laser Genesis is a non-ablative laser that not only resurfaces the skin but is clinically proven to stimulate collagen production at the same time. It is part of the new wave of lasers that focus upon regenerating rather than damaging your skin – not only does it improve the skin's general appearance but it also reduces pore size, blackheads, targets acne bacteria, rebuilds collagen, tightens skin, minimises most scars and reduces rosacea.

Depending on which facial best suits you, adjunct treatments might be included. For those specifically looking to restore a more youthful complexion, an anti-ageing collagen mask will be used in conjunction with the Enzyme Facial to assist with plumping fine lines and wrinkles; whereas those opting for the Refresh Yourself Laser Facial would enjoy an oxygen mask to rehydrate the skin.

No matter what your end-goal, a laser facial can inject your appearance with new vitality and have it looking and feeling great in next to no time. **csbm**